



BETH ISRAEL SISTERHOOD
stronger together

Sunday, January 8, 2012

10:00 – 11:30 A.M. at Congregation Beth Israel

ATTENTION PARENTS:

You are invited to a special morning presentation with children's advocate & best-selling author Trudy Ludwig:

Understanding Our Kids' Social World: Friendships, Cliques & Power Plays

Intentional exclusion, gossip, the silent treatment, teasing and the spreading of rumors are often dismissed as normal rites of passage, but research shows these behaviors are a form of emotional bullying and they are as harmful as physical bullying—with devastating long-term effects. Learn more about relational aggression (the use of relationships to manipulate and hurt others) including the latest research findings, the nature of boys' and girls' friendships, cyber bullying, as well as tips, tools, and resources to help empower children in their social world.



Trudy Ludwig's work and presentations have received high praise from leading U.S. experts, educators, and organizations. Her nationally acclaimed books, *My Secret Bully*, *Just Kidding*, *Sorry*, *Trouble Talk*®, *Too Perfect*, *Confessions of a Former Bully*, and her newest release, *Better Than You*, focus on helping children thrive in their social world. An award-winning writer and an engaging speaker, Trudy has been featured on ABC's *Good Morning America*, PBS's *Keeping Kids Healthy*, the National Crime Prevention Council's Circle of Respect Program, and Sesame Street Workshop's expert panel video series on bullying.

For more information, visit Trudy's website, www.trudyludwig.com, or contact Beth Israel Sisterhood at wrij.bis@gmail.com.

We wish to thank Beth Israel Sisterhood for sponsoring this event!