

Guidelines for Submitting 2023 Kavod Award Applications

Who May Apply:

- Any sisterhood or individual member that belongs to Women of Reform Judaism Pacific District.
- Two or more sisterhoods if the project/program was a joint effort.

Required Parts of the Application:

- The online application form that you will find under Convention 2023 on the Pacific District website: https://www.wrjpacific.org/2023-kavod-awards.html
- A set of 7 to 10 slides to present your program. Photos, flyers and other supporting materials may be included as part of your slide presentation. The slides may be done in Google Slides, PowerPoint or Keynote format (for Apple). Email the presentation to Kavod.wrjpd@gmail.com and include your sisterhood name as part of the file name: Example: SholomWomenpresentation.pptx. See below for a sample slide set.
- Alternatively, you can submit a WORD document and request the Kavod Committee's assistance with turning this document into your presentation. Email Kavod.wrjpd@gmail.com to request this assistance.
- Program evaluation (applies to completed programs only). Email the evaluation form and results to Kavod.wrjpd@gmail.com. Include your sisterhood name as part of the file name. Example: BEWprogramevalution.doc

How to Submit Optional Supporting Materials:

- Optional supporting materials not included in your slide presentation may be submitted via email to Kavod.wrjpd@gmail.com.
- Submit photographs in .jpeg format at 300 dpi and no larger than 800 pixels wide and include the name of your sisterhood as part of your file name. *Example:*BethAmWomenphoto1.jpg
- If you submit any supporting documents in PDF format, also include the name of your sisterhood and the type of document as part of your file name. *Example: TASflyer1.pdf*
- By submitting photos and other documents you authorize WRJ and Pacific District to use this content.



Ladies Night Out



What We Did and What We Might Do Again

Presenter: Lois Fried

Sisterhood: Sholom Women

Peninsula Temple Sholom, Burlingame, CA

Award Category: Outreach to the Synagogue Community

What We Did: Sholom Women Hosted a Series of Evening/Day Events Our Guests: Moms of Preschool and Religious School Children, and New PTS Members, meeting at member homes

Benefits For Our Guests:

- Create a sense of community and deepen relationships
- Help our younger moms and new members meet their contemporaries
- Provide them a chance to relax, while socializing with other moms
- Give our guests a pleasant first exposure to learn more about Sholom Women

Benefits to Sholom Women Members:

- Get to know the younger women who we hope will join Sholom Women
- Create an environment for cross-generation friendships and mentoring that encourages dialogue and friendships
- Encourage younger women to discover there is a place for them in Sholom Women and connections that are relevant to their lives now. Listen to their stories in a comfortable, social environment
- Help them envision themselves as leaders or eventual leaders

Having Fun Together!

Young moms and new PTS members getting to know each other at Tia's!





Some Activities We hosted









Hiking around San Mateo County: Pacifica, Foster City, Ryder Park and Sweeney Ridge!

Hikes ended with a sack lunch in the area, or hot soup, fresh baked bread & wine at a member's home!!

Ladies Night Out No Social Distancing Here!

Israeli Dancing Under the Stars, & Mediterranean Appetizers







Going Virtual With this Event!

One or two of our Sholom Women leaders can host a high-interest virtual event (see next slide for examples)

What need not change:

- We can still start out high touch
- We can still assign familiar voices to call and connect with young moms/new members by phone
- We can still only use text or email if phone calls receive no responses
- We can still work with Religious School/Preschool Directors to connect with new moms, and Temple staff to connect with new members.
- We can still host high-interest events (see some examples on the next slide)
- We can still briefly discuss and promote Sholom Women

What needs to change:

- When our participants are at their homes and not ours, there will be distractions.
- We can assume there will be some technical issues for any first timers on a new platform. Appoint a platform host to be someone other than the sisterhood leader to be the virtual host.
- To maintain the group cohesiveness, plan to keep any virtual event shorter than an in-home gathering.

Some Ideas for Virtual Events!

Begin with an icebreaker

Have attendees write on an index card, something no one would know about them and everyone will try to guess who that person is

Some suggested activities:

- Discuss a short article, book, story or one-act-play distributed via email by permission of the author (perhaps a local writer?)
- Recipe swap, online, real time challah baking
- On-line game such as Charades
- Hikes in open air spaces, meditation/restorative yoga night
- How to talk to your toddler or teen

Participant Testimonials!

What a special event for Sholom Women! I met such lovely ladies -and- had an opportunity to catch up with ladies I hadn't seen all summer. Kudos to you all - it was fun, festive, tasty, and a great Ladies Night Out!

bye for now ~ many thanks, Andrea

I just wanted to thank all of you for an incredible night. The preschool families were talking about it this morning and how much they enjoyed it. It was so well executed and the perfect balance of spiritual, social and structured time. It was fabulous! I am looking forward to the next event at Julie Ellman's house.

Shabbat Shalom!

Allison Steckley

Director of Early Childhood Education

Daniel Feder <u>rabbifeder@sholom.org</u>
How wonderful to read this. Thank you, Sholom Women
Rabbi Daniel J Feder
Peninsula Temple Sholom