

## Useful Web References:

Bay Area Jewish Healing Center

Union for Reform Judaism – Caring Community: Mental Health and Addiction

<http://urj.org/life/community/health/mental/>

“Caring for the Soul: R’fuat HaNefesh”, edited by Rabbi Richard F. Address

<http://www.urjbooksandmusic.com/product.php?productid=319>

Women of Reform Judaism 43<sup>rd</sup> Assembly Resolution, 2001:  
Complete Health: Mental and Physical

URJ 66<sup>th</sup> General Assembly Resolution, 2001: ESTABLISHING A  
COMPREHENSIVE SYSTEM OF CARE FOR PERSONS WITH MENTAL  
ILLNESSES

[http://urj.org/Articles/index.cfm?id=7159&pge\\_prg\\_id=29601&pge\\_id=4590](http://urj.org/Articles/index.cfm?id=7159&pge_prg_id=29601&pge_id=4590)

“Shadow Voices” – Documentary Film on Mental Illness, National  
Council of Churches

<http://www.shadowvoices.com/>

National Alliance on Mental Illness

<http://www.nami.org/>

Brain and Behavior Research Foundation/National Alliance for  
Research on Schizophrenia & Depression (NARSAD)

<http://bbrfoundation.org/>

Depression & Bipolar Support Alliance Association

<http://www.dbsalliance.org/>

National Institute of Mental Health

<http://www.nimh.nih.gov/>

Suicide Awareness Voices of Education (SAVE)

<http://www.save.org>

Yellow Ribbon Suicide Prevention Program

[www.yellowribbon.org](http://www.yellowribbon.org)

Hope Encouragement Love Prayer (HELP) Ministry, Menlo Park  
Presbyterian Church

<http://www.mppc.org/connect/help-mental-health-support>

## Support

Special Needs Trusts – National Academy of Elder Law Attorneys

[http://www.naela.org/Public/About\\_NAELA/Public\\_or\\_Consumer/Special\\_Needs\\_Trusts.aspx](http://www.naela.org/Public/About_NAELA/Public_or_Consumer/Special_Needs_Trusts.aspx)

Special Needs Trusts and More – Special Needs Alliance

<http://www.specialneedsalliance.org/sna-can-help-families>

<http://www.specialneedsalliance.org/practice-areas>

False Arrest: Mental Health and the Criminal Justice System –  
Special Needs Alliance

<http://blog.specialneedsalliance.org/2012/06/false-arrest/>

Dialectical Behavioral Therapy

<http://behavioraltech.org/>

Information about Suicide, Mental Health & Grief Resources

<http://www.candlespin.info/resources.asp>

Bipolar Disorders Clinic – Stanford University

<http://bipolar.stanford.edu/>

Depression Research Clinic – Stanford University

<http://med.stanford.edu/depression/>

Obsessive-Compulsive Disorders Program – Stanford University

<http://ocd.stanford.edu/>

Local Support Groups:

Temple Isaiah, Lafayette, CA: P'tach Libeynu

<http://www.temple-isaiah.org/groups-activities/mental-illness-support/>

Congregation Beth Sholom, San Francisco: NACHAMU ("COMFORT")  
MENTAL HEALTH SUPPORT GROUP  
<http://www.bethsholomsf.org/get-involved/groups.html> -  
[Nachamu](#)

DMDA (Depressive Maniac-Depressive Association)  
San Francisco (415) 995-4792

DMDA San Mateo County (650) 595-5131

NAMI Santa Clara County (408) 885-5779

NAMI San Mateo County (650) 573-5345

MHA Mood Disorders Support Group in San Jose (408) 294-4991

Community Center for Health and Wellness = 650-493-5006  
<http://www.itp.edu/counseling>

Support Network for Battered Women - 1-800-572-2782  
<http://www.snbw.org>

Youth Bipolar Foundation of Northern California  
<http://www.ybfnc.cfsites.org>

San Francisco Suicide Prevention  
<http://www.sfsuicide.org/youth>

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<http://www.temple-isaiah.org/groups-activities/mental-illness-support/>

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("COMFORT") MENTAL HEALTH SUPPORT GROUP  
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MHA Mood Disorders Support Group in San Jose (408) 294-4991

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[Mental Health First Aid](http://www.mentalhealthfirstaid.org/Share)[www.mentalhealthfirstaid.org/Share](http://www.mentalhealthfirstaid.org/Share)Mental Health First Aid is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and ...

Ravenswood Family Health Center  
Behavioral Health

#### [Contact Us](#)

Ravenswood Family Health Center 1798A Bay Road East Palo Alto, CA 94303  
Tel: 650.330.7400 Fax: 650.321.1156  
[info@ravenswoodfhc.org](mailto:info@ravenswoodfhc.org)

Mental Health Program at the Veterans' Hospital  
[Mental Health - VA Palo Alto Health Care System](#)

[www.paloalto.va.gov/MentalHealth/Share](http://www.paloalto.va.gov/MentalHealth/Share)

Nov 14, 2012 – VA Palo Alto Health Care System provides a broad array of mental health services, both inpatient and outpatient. We provide consultation ..

[Menlo Park Division: VA-Palo Alto Health Care System - Stanford ...](#)

[psychiatry.stanford.edu](http://psychiatry.stanford.edu) › ... › [Psychiatry](#) › [Education](#) › [Residents](#) Share  
The Menlo Park Division provides comprehensive Mental Health services for veterans. These services include evaluation and treatment through inpatient, ...

## Momentum for Mental Health

[www.momentumformentalhealth.org/Share](http://www.momentumformentalhealth.org/Share)

Momentum offers a comprehensive array of treatment, rehabilitation and housing programs and services to people of all ages recovering from psychiatric ...

County Services

SF

Santa Cruz Co.

Santa Clara County

San Mateo County

Family and Children's Services

[FCS - San Jose](#)

[www.fcservices.org/Share](http://www.fcservices.org/Share)

Since 1948, Family & Children Services has provided counseling, caring, and support to children, youth, and adults in Santa Clara and San Mateo counties.

[Google+ page](#) · [Write a review](#)

375 Cambridge Ave Palo Alto, CA 94306

(650) 326-6576

Children's Health Council

[Community Health Awareness Council: CHAC](#)

[www.chacmv.org/Share](http://www.chacmv.org/Share)

CHAC is a nonprofit mental health services agency located in Mountain View, California. We offer counseling, therapy, support groups, classes, and ...

Catholic Family Services

Children's Health Council

Network of Care

San Mateo Co.

[www.networkofcare.org](http://www.networkofcare.org)

Santa Clara County

[santaclara.networkofcare.org/mh](http://santaclara.networkofcare.org/mh)

Valley Medical Center

1. [Santa Clara Valley Medical Center Mental Health Department, San ...](#)[www.merchantcircle.com](http://www.merchantcircle.com) › [CA](#) › [San Jose](#) › [95128](#)ShareFeb 16, 2013 – Santa Clara Valley Medical Center Mental Health Department, 751 S Bascom Ave, San Jose, CA. Tel: 408-885-6100. Get Maps, Driving ...
2. [Psychiatry and Behavioral Sciences - Stanford Hospital & Clinics](#)[stanfordhospital.org](http://stanfordhospital.org) › [Clinical Services](#) › [Clinics](#)SharePsychiatry and Behavioral Sciences. ... Stanford Medical Sites ... The Stanford Psychiatry Clinic provides comprehensive outpatient behavioral health and ...  
<http://stanfordhealthcare.org>
3. [Out-Patient Clinics - Stanford University Psychiatry Department](#)[psychiatry.stanford.edu](http://psychiatry.stanford.edu) › ... › [Psychiatry](#) › [Patient Care](#)ShareStanford School of Medicine ... Behavioral Medicine Clinic ... The Stanford Center for Integrative Medicine (SCIM) is dedicated to providing personalized, ...

Stanford Behavioral Health

Medical Services

<http://stanfordhealthcare.org>

PAMF

[Psychiatry | Mental Health - Palo Alto Medical Foundation](#)

[www.pamf.org/psychiatry/Share](http://www.pamf.org/psychiatry/Share)

With our dedicated team of psychiatrists, therapists, and counselors, the Department of Psychiatry and Behavioral Health provides mental

and emotional health ...

Useful Web References:

Parshat Balak, D'var Torah, July 15, 2005, Jane Marcus, President,  
Beth Am Women

<http://www.betham.org/sermon/parashat-balak>

Bay Area Jewish Healing Center

<http://www.jewishhealingcenter.org/mentalhealth.htm>

Union for Reform Judaism - Caring Community: Mental Health and  
Addiction

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Address

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Women of Reform Judaism 43<sup>rd</sup> Assembly Resolution, 2001:  
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<http://www.wrj.org/Advocacy/ResolutionsStatements/Resolutions2001/CompleteHealthMentalandPhysical.aspx>

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<http://www.mppc.org/connect/help-mental-health-support>

InnVision Shelter Network:

<http://www.ivsn.org>

181 Constitution Drive  
Menlo Park CA 04025

Bill Wilson Center  
3490 The Alameda Santa Clara, CA 95050  
Phone:(408) 243-0222



Direct services to more than 4,000 children, youth, young adults and families in Santa Clara County

<http://www.billwilsoncenter.org/>

County Services  
Gardner Health Center  
333 W. Julian Street  
San Jose, CA  
[www.sccgov.org](http://www.sccgov.org)

North County Social Services  
100 Moffett Blvd  
Mountain View, CA  
<http://www.sccgov.org/>

Jewish Family Services  
<http://www.jfcs.org>  
Contact: [SandraSt@jfcs.org](mailto:SandraSt@jfcs.org)

Catholic Family Services  
<http://www.cfsstl.org>

Childrens Health Council  
<http://www.chconline.org>  
650 Clark Way  
Palo Alto, CA 94304

Senior Alternatives – Oakland  
<http://www.senioralternativeshomecare.com>